



Before going to bed on Saturday night March 9 to March 10 2019, don't forget to set your clocks forward by one hour.

As well, it's also time to change your batteries in your smoke detectors.

This time change will make you lose one hour of sleep during the night of Saturday March 9 to Sunday March 10, 2019. However, sunset will be later in the evening across Quebec. Regions who follow this North American standard set their clocks forward by one hour the second Sunday of March and set back by one hour the first Sunday of November.

Your Argyle / St-Lambert User's Committee